

Permutations

Daily Warm-up Exercise

1234	2134	3124	4123
1243	2143	3142	4132
1324	2314	3214	4213
1342	2341	3241	4231
1423	2413	3412	4312
1432	2431	3421	4321

Objective:

S.W.B.A.T. (Students will be able to)

- 1) Develop strength and independence in each finger

Stage 1: Straight Up and Straight Down

Using alternate picking, play each note as an eighth note, starting in First or Fifth Position, playing on the first string, then second, then third, etc. and work up to the sixth string and back down. When the fingers return to the first string, start the next pattern.

- Stage 2:**
- a) Up a String, Up a Fret
 - b) Straight Down (at 6th fret)
 - c) Up a String, Back a Fret
 - d) Straight Down (at 1st fret)

- Stage 3:**
- a) Up a String, Up a Fret
 - b) Down a String, Up a Fret
 - c) Straight Down (at 11th fret)
 - d) Up a String, Back a Fret
 - e) Down a String, Back a Fret
 - f) Straight Down (at 1st fret)